

自分でつくる雛人形

Create your own *Hina* Doll



Hina ningyō (*Hina* dolls) are displayed in homes where there are daughters on the third day of the third month each year to celebrate Girls' Day. They are often a family gift to wish for health and prosperity for the girls' futures.

The dolls represent a Heian period (794–1185 CE) wedding scene, with high-ranking women dressed in formal *jūni-hitoe* (lit. '12-layers') kimono. With a different colour for each kimono layer, colour combinations (*kasane*) appear around the hems, including the neck and sleeves.

The dolls are often displayed against a gold screen, with lanterns and branches of oranges and blossom, such as cherry, peach or plum.

四季のかさね

Colour Combinations of the Seasons

Spring colour combination (e.g., cherry blossom (*sakura*)):
Deep Pink, Light Pink, Light Green and Yellow.

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Autumn colour combination (e.g., chrysanthemum (*kiku*)):
Green, Yellow, Orange, White

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かさね 「襲」

Kasane: Colour Combinations

Kasane are colour combinations, layered one on top of the other. These coloured layers could be found in the garments worn by the aristocracy of Japan's Heian period (794–1185 CE). The colour combinations often reflect aspects of the natural world inspired by flowering plants and the changing seasons. Colour in the *kasane* representing plants from the various seasons.

Summer colour combination (e.g., iris (*kakitsubata*)):
Purple, Green, White, Blue

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Winter colour combination (e.g., pine tree (*matsu*)):
Deep Blue, Deep Green, White, Deep Purple

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You will need:

- Paper
- Printer
- Art materials for colouring
- Scissors

Instructions

- 1** Print the worksheet and draw in a face for each of the *Hina* dolls.
- 2** Colour in all of the illustrations, including the gold screen.
- 3** Cut around the illustrations, except the gold screen, leaving the bottom of each illustration attached to the base.
- 4** Fold along the bottom of each illustration so that the dolls, lanterns and flower ornaments stand up on the paper base.
- 5** Cut out the screen and fold it into a zig-zag. Stand it up behind the dolls.

Fold in | Fold out ▽ | Fold in | Fold out ▽ | Fold in |

